

Healthy County How-To Guide



TEXAS ASSOCIATION of COUNTIES
HEALTH AND EMPLOYEE BENEFITS POOL



Apple Health



Apple Watch



FitBit



Garmin



Google Fit



Withings

Create an account. Purchase and sync a device. Live healthier.

How to Register (2 ways available)

1. Go to county.org/sonicboom.
2. Click **Create Account**.
3. Enter your **Date of Birth**.
4. Enter in your **BCBSTX Member ID Number (903XXXXXX)** from your health benefits card (leave out the letters).
5. Click the **search button**.
6. Follow the prompts to create your account!

For SSO (single sign-on) users, follow these steps (available in March):

1. Go to mybenefits.county.org.
2. Log into your my benefits account.
3. Select **Get Your Benefits Information**.
4. Click on the **Healthy County energized by Sonic Boom** link.

How to Sync Your Device:

1. Log into your Sonic Boom website at county.org/sonicboom.
2. Click on your profile picture in the upper left corner of the screen.
3. Click **Goals & Devices**.
4. Choose **Apple Watch, Fitbit or Other Devices** based on the type of device you have. If you choose Other Devices, click Choose Source to select the type of device you will be connecting.

5. Click on the device and enter the log in credentials that you use to log into that device's mobile app.
6. Click **Allow**.
7. **WOOHOO!** You're good to go. Sync your data to your devices app and watch as it flows to your profile.

How to Purchase a Device:

1. Log into your wellness portal at county.org/sonicboom.
2. Click the **Time to Get a Tracker** featured card at the top of the page.
3. Click the **Click Here!** Button.
4. An access code is required to use the site.
 - a. The access code is **county**.
 - b. Type **county** in the Access Code box and click **Submit**.
5. Once at the device storefront you will see the products we are offering at a discounted price. You may use your coupon code to get an additional \$30 off the prices featured in the storefront. There are two ways to use your coupon code:
 - a. **Select Click to Redeem** under your preferred device on the **Featured Products banner** to receive a Garmin Vivoki or FitBit Zip at no cost with your coupon code.
 - b. Use your \$30 coupon code to subsidize the cost of an upgraded device.
6. Click on the photo of the device you would like to purchase.
7. Click **Add to Cart**.
8. Click the **Shopping Bag** in the upper right corner of the page.
9. Click **View Cart & Checkout**
10. To **use your \$30 coupon code** on your purchase, **enter in your 903 Member Identification Number (903XXXXXX)** from your BCBSTX health benefits card in the **Coupon Code** box and click **Apply Coupon**.
11. Scroll down the page and click **Proceed to Checkout**.
12. Fill out your billing and shipping information.
13. To finalize your order, check the **I've read and accept the terms & conditions** box and click **Place Order** below.