Contact Information

- **Blue Cross Blue Shield of Texas** — **www.bcbstx.com**
  Medical, Dental, and Discount Vision — **855-357-5228**

  Blue Points Rewards
  Blue Access for Members (BAM)
  Gym Discount Program
  24 Hour Nurse Line
  Women's and Family Health Programs:
  (Behavioral Health and Special Beginnings)
  Health Assessment
  Telemedicine with MDLive
  Digital Self-Managed Programs
  Condition Management
  Well on Target
  Blue365 A Discount Program for you

  BCBSTX App Text** BSBCTXAPP to 33633

- **Eyemed** — eyemedvisioncare.com/bcbstxvis
  Voluntary Vision Insurance — 855-556-8796

- **MDLIVE** — **www.MDLive.com/BCBSTX**
  Telemedicine — 855-357-5228

- **Navitus** — **www.navitus.com**
  Prescription Benefits — **866-333-2757**

TAC Healthy County — **www.mybenefits.county.org**
Wellness Program — 800-456-5974

Sonic Boom – Wellness Contests with incentives
Omada – Health Coach and Lifestyle Program
Quit Tobacco – Six-week Tobacco Cessation Program
Livongo – For individuals with diabetes and/or hypertension
Naturally Slim – Weight Loss Program
Airrosti - Fast Pain Fast

- **Healthy County Sonic Boom Portal** — **www.county.org/sonicboom**
  Wellness Contests and Incentives — 800-456-5974

- **Alliance Work Partners** — **www.awpnow.com**
  Employee Assistance Program — 1-800-343-3822
  Teen Line — 1-800-334-TEEN (8336)

  LawAccess – Financial services
  HelpNet – Skill-building tools, online assessments and referrals
  WorkLife – Resources and referrals for everyday needs
  SafeRide – Reimbursement for emergency cab or rideshare fare for employees and dependents instead of driving while impaired
  1 to 6 Counseling Sessions – Per problem, per year

  Create your customized account at awpnow.com
  Select "Access Your Benefits"
  Registration Code: **AWP- TACHEBP- 4661**

- **Legal Shield** — **mylegalshield.com**
  Protect your rights. — 817-988-6780

- **TCDRS** — **tcdrs.org**
  Texas County & District Retirement System — 800-823-7782

- **Security Benefit** — **Securitybenefit.com**
  Additional Retirement Plan — 940-595-5331

- **Lincoln Financial Group** — **lfg.com**
  Group Life Insurance — 877-275-5462

- **Globe Life** — **GlobelifeIn.com**
  Volunteer Life Insurance — 1-888-488-0134

- **Aflac** — **Aflac.com**
  Volunteer Supplemental Insurance — **1-800-992-3522**