

2022 HEALTHY COUNTY CONTESTS



TEXAS ASSOCIATION OF COUNTIES
HEALTH AND EMPLOYEE BENEFITS FUND

Earn up to \$60 in Boomer Bucks - and improve your wellness! For each of the four Healthy County contests completed, you will earn \$15 in Boomer Bucks.

Go to www.county.org/sonicboom to sign up today! Sync your activity tracker to the Healthy County, energized by Sonic Boom, portal and be automatically enrolled in all contests.

JAN. 10 - FEB. 20

HEART AND SOLE

Log 30 days of 6,000 steps or 30 minutes of activity to complete the contest



MAR. 21 - MAY 1

SPRING TRAINING

Log 30 days of 7,000 steps or 45 minutes of activity to complete the contest



MAY 30 - JULY 24

COUNTY VS COUNTY

Log 40 days of 7,000 steps or 45 minutes of activity to complete the contest



AUG. 29 - OCT. 23

SMILES FOR MILES

Log 40 days of 7,000 steps or 45 minutes of activity to complete the contest



Check your rewards page to follow your progress throughout each contest:

COUNTY.ORG/SONICBOOM

If it is unreasonably difficult for you to complete any of the health activities due to a medical condition, or if it is medically inadvisable for you to complete such requirements, contact SonicBoom Mission Control Support as soon as possible at (877) 766-4208 or support@sbwell.com. We will work with you to identify additional opportunities for you to qualify for the incentive.

energized by
 **sonicboom**